

**Get in touch with
your local
co-ordinator for more
information:**

Badenoch & Strathspey

07717 704636

Caithness & Sutherland

07717 704639

Inverness & Nairn

07717 704636

Lochaber, Skye & Lochalsh

07717 704635

Ross & Cromarty

07717 704640

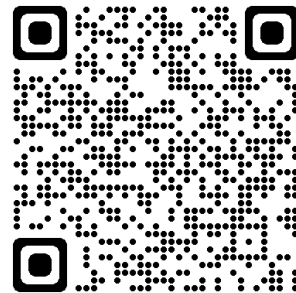


Advocacy Highland

First Floor Offices,
Inverness Ice Centre,
Bught Drive
Inverness
IV3 5SG

01463 233460

info@advocacy-highland.org.uk



Charity No: SCO35363 Company No: SC265395



Would you like to
volunteer
to help someone to
**Speak Up,
Speak Out
and
Be Heard?**



Advocacy Highland provides independent, issue-based advocacy.

Volunteer with Advocacy Highland!

Volunteer Advocates empower people by:

- Speaking up for and standing alongside people who may not be heard
- Supporting people to express their views and make their own decisions
- Enabling people to make informed choices about their health and social care
- Helping people understand their rights
- Ensuring everyone has their rights respected

Advocacy Highland provides a professional, free and confidential advocacy service.

As a Volunteer Advocate you....

...will have the opportunity to learn new skills.

...can help to change and improve somebody's life.

...can work flexible hours which suit you.

...have the opportunity to make new friends and be part of a team.

...will receive regular support with ongoing training.

...will be reimbursed for out of pocket expenses.

“My advocate was an extra voice when I felt that no-one was listening to me.”

“My advocate gave me the confidence to speak up at my care plan meeting.”

“With the help of my advocate I was able to tell people how I felt.”

“I now feel able to make decisions about my future.”