

Get in touch with us

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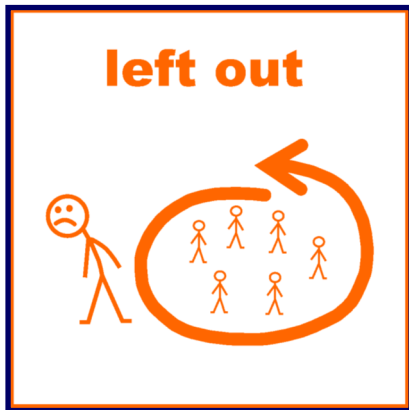


Would you like
help to
Speak Out?



And
Be Heard?

Do you feel left out?

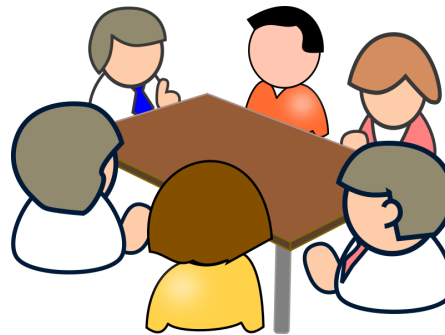


Do you feel that **no-one listens** to what you say?



Do you sometimes find it hard to speak up?

We will help **you to speak up.**



in a meeting

We are **not part** of any **other organisation.**

What is Advocacy?

Advocacy means standing up for you and taking your side.



Our support is **Free** and **Confidential**