

What is independent Advocacy?

Advocacy is...



Listening to people



Speaking up for them



Giving them a voice

It is called independent because it is separate from other services - we do not work for hospitals, social work, or other services.



Advocacy Highland

First Floor Offices,
Inverness Ice Centre,
Bught Drive, Inverness
IV3 5SG



Telephone
01463 233460

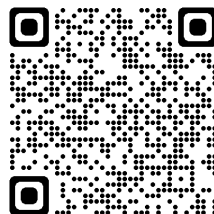
or



Text
07717 704638

info@advocacy-highland.org.uk

www.advocacy-highland.org.uk



Charity No:SCO35363 Company No: SC265395

Would you like
help to
Speak Out?

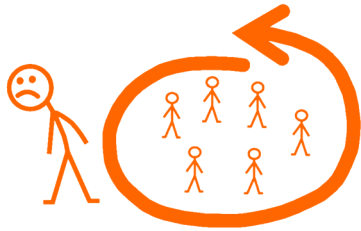


And
Be Heard?



Do you sometimes
feel left out?

left out



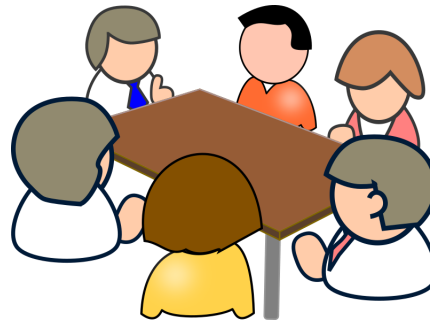
Do you feel that
no-one listens to
what you say?



Independent Advocacy
might be able to help.

Do you find it hard
to speak up?

We can help
you to **speak up** in a
meeting.



We can help ensure
people **listen to you**
and **your views** about
your **care and**
treatment.

Who is our service
for?

Our service is for people
with:

- mental ill health
- dementia
- learning disabilities
- autism

Our advocacy service is
free and **confidential**, we
will keep things private.

We are independent which
means we are not part of
any other organisation.

ADVOCACY
HIGHLAND
— on your side —