

Easy Read



Charity No. SC035363

Company No. SC265395

On Your Side 2020



Shirley said:
Thank you to all
our funders



NHS Highland



And to the people who kindly
have given us donations.

Thank you to **Chris Evans Director**
and to **Sheilis Mackay Manager**

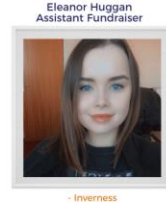
Both have been involved since the
beginning of
Advocacy
Highland, and
are now
leaving.





Sheilis said:

**Welcome to
Eleanor**



**It's good to now have a
Depute Manager**

Maya Uddin

**Coronavirus has been hard
for everyone, this year**



976 Referrals



Thank You
**Clare for
everything...**

**I am retiring in December
This has been a
wonderful job. Thank you
I will miss you all**



Training



Advocacy for new staff

Other training includes:

- Dementia Awareness
- LGBT Diversity & Inclusion
- Drug & Alcohol
- Child Protection
- Adult Support & Protection
- Leadership

Networks



- HTSI Third Sector Interface
- Highland Carers Advocacy
- SIAA Scottish Independent Advocacy Alliance
- SPIRIT Advocacy
- HDAP Drug & Alcohol Partnership
- Scottish Recovery Consortium
- Adult Support & Protection Committee

**Thank
You!**

Gavin Smith NHS and
All at Equiom

Caithness & Sutherland



Allison Cowie
Area Co-ordinator
Caithness & Sutherland

Allison says...

“Thanks to Hazel and Mel”

Welcome to Mel who also works with people with drug and alcohol issues.

Melanie Bell
Advocate



- Caithness & Sutherland

One Advocacy Partner
said during lockdown....

“I don’t suppose I will ever get my children back now”

Mr C was doing well in his own, seeing friends and working in a shop. Now lockdown has changed everything.



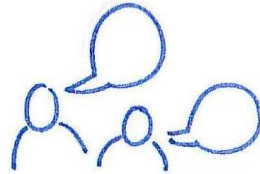
Hazel Curran

Inverness & Nairn

Linda Renton
Area Co-ordinator
Inverness & Nairn
Badenoch &
Strathspey



Before lockdown we
saw people face to
face and our
volunteers were busy
too.....



During lockdown meetings and
reviews stopped.



Now we speak to
people on the
phone or online



“It is working surprisingly well”



Dawn Kotschujew

Ross & Cromarty



Joanne Hammond
Area Co-ordinator
Ross &
Cromarty



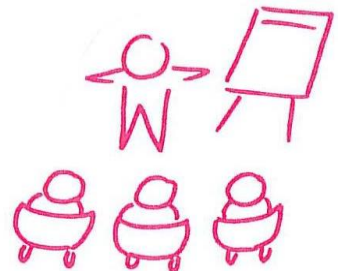
Welcome to Maggs ...

Joanne says....
“Thanks to Chris Volunteer
Advocate for all the years
of support”



Adult Support & Protection work
has increased during lockdown

We had to finish our
Advocacy Training
course online



Lochaber



Val Bremner
Area Co-ordinator
Lochaber

**Val says thank you
to Rachel.....**



Val has got new funding for
Recovery Advocacy.
Due to Covid 19 we have
delayed this project until 2021

SCVO funded the Fundraiser job

Rachel has done a
Volunteer Strategy



Thank you all our
Volunteers



Rachel Tonks

Skye & Lochalsh



Judy Foottit
Area Co-ordinator
Skye & Lochalsh

Judy says “many thanks to John volunteer advocate

Advocacy Partner’s said....

“I feel stupid complaining, but I miss others so much. Just that human contact is so important”

“It’s been a relief not to have to go out to clinics. Instead of setting 3 alarms, shower and find clean clothes and then sit for ages just to get a 20 minute appointment. It’s great I can talk to my CPN by phone”



New Staff Report

**Eleanor told us about starting
in her new job....**

**“I struggle with anxiety, but
everyone was so kind and friendly. I
felt part of the team – thank you to
all the team”.**



**“Even with Covid 19 and
working from home, I feel
like an important valued
member of the team”.**

**“It will be good to
get back to the
office once it is
safe again”.**



Advocacy Partners say.....

“My life before lockdown was perfect. Now I feel down in the dumps. It is a nightmare and its never going to end”



“I feel very worried”

“I feel lonely and isolated”



“Advocacy Highland has been excellent for 10 years”

“I have had them more during lockdown, they are always there for me”

“My meeting went well yesterday, and I am getting support to live where I will feel safe”



“I feel my advocate is very patient and helps me to understand things”



“I have missed seeing my advocate, but I talk to her on the phone”

“I hope lockdown finishes soon”

Social Media



Social media is even more important now

Eleanor has helped to raise awareness about Advocacy this year



In July 262% increase in the number of people reached

13% increase in likes, shares and comments



Thank You

**To all Staff, Volunteers
and Directors**

**Advocacy Highland
is an amazing team**

**You are a
wonderful
group of
people.**



Board of Directors



Shirley Bannister **Chairman**
Nairn

Frances Gunn **Company Secretary**
Caithness & Sutherland

Moray Macdonald **Treasurer**
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Chris Evans **Director**
Lochaber

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**If you would like to join our Board,
please get in touch with us...**



**Advocacy Highland
2 Seafield Road
Inverness
IV1 1SG**



Tel: 01463 233460



www.advocacy-highland.org.uk

