

# Easy Read



Charity No. SC035363

Company No. SC265395

# On Your Side 2020



**Shirley said:**  
**Thank you to all  
our funders**



**And to the people who kindly  
have given us donations.**

**Thank you to Chris Evans Director  
and to Sheilis Mackay Manager**

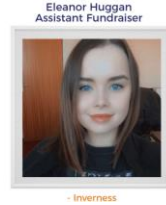
**Both have been involved since the  
beginning of  
Advocacy  
Highland, and  
are now  
leaving.**





**Sheillis said:**

**Welcome to Eleanor ....**



**It's good to now have a Depute Manager**

**Maya Uddin**

**Coronavirus has been hard for everyone, this year**



**976 Referrals**



*Thank You*  
**Clare for everything...**

**I am retiring in December  
This has been a wonderful job. Thank you  
I will miss you all ....**



# Training



Advocacy for new staff

Other training includes:

- Dementia Awareness
- **LGBT Diversity & Inclusion**
- Drug & Alcohol
- **Child Protection**
- Adult Support & Protection
- **Leadership**

## Networks



- HTSI Third Sector Interface
- **Highland Carers Advocacy**
- **SIAA Scottish Independent Advocacy Alliance**
- **SPIRIT Advocacy**
- HDAP Drug & Alcohol Partnership
- **Scottish Recovery Consortium**
- Adult Support & Protection Committee

**Thank  
You!**

Gavin Smith NHS and  
All at Equiom

# Caithness & Sutherland



**Allison Cowie**  
**Area Co-ordinator**  
**Caithness & Sutherland**

Allison says...

**“Thanks to Hazel and Mel”**

Welcome to Mel who also works with people with drug and alcohol issues.

Melanie Bell  
Advocate



- Caithness & Sutherland

**One Advocacy Partner**  
**said during lockdown....**

**“I don’t suppose I will ever get my children back now”**

Mr C was doing well in his own, seeing friends and working in a shop. Now lockdown has changed everything.



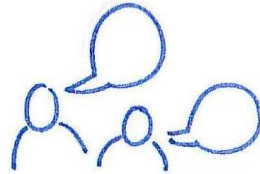
**Hazel Curran**

# Inverness & Nairn

**Linda Renton**  
**Area Co-ordinator**  
**Inverness & Nairn**  
**Badenoch &**  
**Strathspey**



**Before lockdown we**  
**saw people face to**  
**face and our**  
**volunteers were busy**  
**too.....**



**During lockdown meetings and**  
**reviews stopped.**



**Now we speak to**  
**people on the**  
**phone or online**



**“It is working surprisingly well”**



**Dawn Kotschujew**

# Ross & Cromarty



**Joanne Hammond**  
**Area Co-ordinator**  
**Ross &**  
**Cromarty**



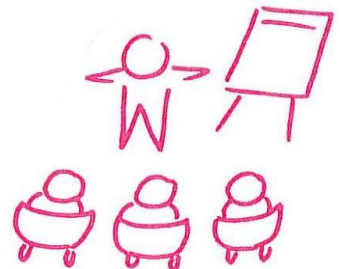
**Welcome to Maggs ...**

**Joanne says....**  
**“Thanks to Chris Volunteer**  
**Advocate for all the years**  
**of support”**



**Adult Support & Protection work**  
**has increased during lockdown**

**We had to finish our**  
**Advocacy Training**  
**course online .....**



# Lochaber



**Val Bremner**  
**Area Co-ordinator**  
**Lochaber**

**Val says thank you  
to Rachel.....**



**Val has got new funding for  
Recovery Advocacy.**

**Due to Covid 19 we have  
delayed this project until 2021**

**SCVO funded the Fundraiser job**

**Rachel has done a  
Volunteer Strategy**



**Thank you all our  
Volunteers**



**Rachel Tonks**



# Skye & Lochalsh



**Judy Foottit**  
**Area Co-ordinator**  
**Skye & Lochalsh**

Judy says “many thanks to John volunteer advocate .....

**Advocacy Partner’s said....**

**“I feel stupid complaining, but I miss others so much. Just that human contact is so important”**

**“It’s been a relief not to have to go out to clinics. Instead of setting 3 alarms, shower and find clean clothes and then sit for ages just to get a 20 minute appointment. It’s great I can talk to my CPN by phone”**



# New Staff Report

**Eleanor told us about starting  
in her new job....**

**“I struggle with anxiety, but everyone was so kind and friendly. I felt part of the team – thank you to all the team”.**



**“Even with Covid 19 and working from home, I feel like an important valued member of the team”.**

**“It will be good to get back to the office once it is safe again”.**



## Advocacy Partners say.....

“My life before lockdown was perfect. Now I feel down in the dumps. It is a nightmare and its never going to end”



“I feel very worried”

“I feel lonely and isolated”



“Advocacy Highland has been excellent for 10 years”

“I have had them more during lockdown, they are always there for me”

**“My meeting went well yesterday, and I am getting support to live where I will feel safe”**



**“I feel my advocate is very patient and helps me to understand things”**



**“I have missed seeing my advocate, but I talk to her on the phone”**

**“I hope lockdown finishes soon”**

# Social Media



**Social media is even more important now**

**Eleanor has helped to raise awareness about Advocacy this year**



**In July 262% increase in the number of people reached**

**13% increase in likes, shares and comments**



# Thank You

**To all Staff, Volunteers  
and Directors**

**Advocacy Highland  
is an amazing team**

**You are a  
wonderful  
group of  
people.**



# Board of Directors



**Shirley Bannister**      **Chairman**  
**Nairn**

**Frances Gunn**      **Company Secretary**  
**Caithness & Sutherland**

**Moray Macdonald**      **Treasurer**  
**Inverness**

**Chris Evans**      **Director**  
**Lochaber**

**Donald Fergusson**      **Director**  
**Skye & Lochalsh**

**Garry Robertson**      **Director**  
**Caithness & Sutherland**

**If you would like to join our Board,  
please get in touch with us...**



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**[www.advocacy-highland.org.uk](http://www.advocacy-highland.org.uk)**

