



Volunteer Advocate Profile

Below are listed some skills and qualities that it would be useful for an advocate to possess. Please remember that we don't expect anyone to have all these things, it is only a guideline. However it is essential that you are able to work in a way that respects an individual's view even if these are different to your own.

Skills

- The ability to listen and communicate effectively
- Assertiveness and diplomacy
- The ability to define a problem and work through it

Qualities

- Empathy
- Reliability
- The ability to work in stressful and emotional situations
- The ability to set and maintain appropriate boundaries
- The ability to keep confidentiality
- Self-awareness. An understanding of personal issues and how these can affect your work
- Self-motivation

Knowledge

- Some knowledge of community care and/or children's services would be useful, but not essential, as full training will be provided.

Other

- Access to a car would be useful but not essential if alternatives are available to you,
- Available for a few hours per week.
- Some flexibility of time.